Individual Coaching for Pupils: An additional layer of support

Some pupils need more individual time and support than staff can consistently provide within everyday school routines.

My six-week coaching programme gives pupils space to talk, explore difficulties and work towards manageable goals. It also gives schools practical recommendations and evidence to inform ongoing support.

What's included?

✅ A minimum of six weekly 45 minute individual coaching sessions
✅ Entry and exit data to evidence progress towards agreed goals
✅ A review of needs and strategies trialled
✅ Communication with staff on next steps, with the pupil's agreement
✅ Support tailored to build confidence, independence and self-regulation
✅ An individual report with recommendations for continued support

We begin by listening and agreeing goals, then use the following five sessions to explore strategies and review what helps.

Reports inform pupil reviews and support planning. Anonymised findings can also contribute to reporting to governors, trust leaders and CEOs on SEND provision and its impact.

Connecting coaching, home and school

With the pupil's agreement, I share insights that can inform reasonable adjustments, teaching strategies and routines. Parent liaison can also be arranged to help connect support between home and school.

Schools can book coaching, training or both. Coaching can inform tailored staff training through a fuller understanding of pupils' experiences, while respecting confidentiality and safeguarding responsibilities.

Programme and fees

£540 per pupil for the six-week programme
£1,620 for three pupils

Each 45-minute session includes a further 15 minutes for recording progress and writing reports.

An initial discussion with your SENDCo or school lead is free. Additional meetings and staff or parent liaison are charged at £90 per hour by agreement. Staff training is quoted separately.