Important Service Disclaimers

Coaching is not therapy or counselling

Coaching and the services offered by The ADHD Teacher are not substitutes for professional therapy, counselling, or mental health treatment. If you require therapeutic support, please consult a licensed mental health professional.

Not for crisis situations

If you are experiencing an emergency or require immediate assistance, please contact 999 or your local emergency services.

Consulting disclaimer

Consulting services provided by The ADHD Teacher are not a replacement for accounting, tax, financial, or legal advice. For such matters, please seek guidance from a qualified accountant, tax advisor, financial advisor, or legal professional.

Partnered productivity disclaimer

Partnered productivity services are designed to enhance your personal productivity by offering gentle accountability and focused support based on your input. These services are not coaching or consulting.

- For adult clients, responsibility for task completion remains with you.
- For young clients, responsibility for task completion and follow-through lies with the young person, supported and guided by their parent or caregiver.

Parents and caregivers are expected to:

- Encourage consistent participation
- Model positive habits and routines
- Maintain open communication with the coach to support progress

Young people and coaching

Coaching services may be accessed by young people under the age of 18 only with the informed consent and active involvement of a parent or caregiver. The adult must approve participation, remain engaged throughout the process, and be available for communication with the coach as needed. Coaching sessions are designed to support the young person's growth, with input and collaboration from the family.

Confidentiality

All coaching and mentoring sessions are treated with respect, sensitivity, and confidentiality. While the Coach is not yet ICF-accredited, their practice is aligned with the principles of confidentiality outlined in the ICF Code of Ethics, which the Coach intends to formally adopt upon accreditation.

Please note that while your privacy is treated with great care, coaching is not legally protected in the same way as doctor–patient or solicitor–client relationships. In rare cases, the Coach may be required by law to share information (such as for safeguarding or legal compliance).

The Coach agrees not to share any information about the Client without written consent. Exceptions include:

- Concerns about the Client's or others' safety
- Legal requirements to disclose
- Information already known or lawfully received
- Criminal disclosures
- Anonymous sharing for supervision or safeguarding
  Parents/caregivers and Clients are encouraged to raise any confidentiality concerns at any time.

Behavioural expectations & session termination

A respectful and professional environment is essential for productive sessions. The coach reserves the right to terminate any session immediately if there is violence, inappropriate behaviour, or disruption. Where necessary, relevant authorities will be notified, and session materials may be shared with the police. The safety and wellbeing of all participants is the top priority.